
Sphere Consulting Services

Consulting & Coach Profile

Gina Hayden

Gina is the Director of Sphere Consulting Services and has worked in people development for the past twenty years. Initially based in South Africa, she managed a career development centre as well as running her own consultancy using tools such as the Myers-Briggs Type Indicator (MBTI) and other psychometrics to support people in their career development. Gina emigrated to the UK in 1997, where she completed a Masters degree in Counselling Psychology and subsequently took a role with PricewaterhouseCoopers London as a leadership development and change consultant, facilitator and executive coach. Her brief at PwC included designing and facilitating management development and leadership programmes, working with teams to increase their effectiveness, and strategic change sessions with groups of 250+ people. She was an executive coach for senior partners in the firm as well as coaching senior managers and those seeking promotion. In September 2002, Gina set up her own consultancy firm, Sphere Consulting Services, where she now works with a variety of clients across the world. Sphere helps its clients achieve more success by designing and delivering workshops on powerful and effective communication, developing outstanding client relationships, building effective teams, executive and business performance coaching, organisational and cultural change, influencing others, leading change and leading consciously.



Gina has a keen eye for facilitating across cultures and her work has taken her to Europe, Eastern Europe, the Middle East, Russia, Turkey, South Africa and Central Africa. Her workshops on Leading Change and Influencing Skills have been implemented in Africa and the U.S. Amongst others, clients include: (private sector) PricewaterhouseCoopers, National Grid, Chevron Corporation, Barclays Bank, BG Group, Arup, Anglo American, Nedbank, Investec; and (public sector) NHS, SOLACE Enterprises, Public Sector Forum, Warwick University and Practive.

Qualifications as an OD Consultant and Coach

- Hons in Psychology, University of South Africa
- MSc in Counselling Psychology at City University, London
- Diploma in Counselling and Psychotherapy, Regents College, London
- Professional Certified Coach (International Coach Federation)
- Qualified Consciousness Coach (CCI, South Africa)
- Qualifications in the use of psychometric tools (e.g. Myers-Briggs Type Indicator)

The qualities Gina brings

Gina's particular areas of interest are in conscious leadership, relationship building, confidence, powerful, productive conversations, increasing cohesion and alignment in teams, and working with individuals and groups to discard limiting beliefs and realise their potential. She is drawn to working with teams and individuals who want to improve their relationships with those around them. In coaching she focuses on confidence, leadership development, raising consciousness, increasing personal insight and overcoming blocks to effectiveness. She is a keen advocate of collaborative client relationships, working *with* the client to identify and design the best ways to achieve change. Her clients describe her as intuitive, articulate and warm, but with the ability to deliver incisive challenge that cuts through issues. Visit www.sphereconsulting.org

Sphere Consulting Services Tel: (UK) +44 (0)7957 306 706 ☆ (SA) +27 82 611 3252

ginahayden@sphereconsulting.org www.sphereconsulting.org
